

# How Sick is TOO SICK???

Please use the following chart to decide if your child should stay at home.

Symptoms	Child Must Be At Home	Can Return To School
<b>Diarrhea:</b>  Frequent loose or watery stools compared to a child's normal pattern: not caused by diet or medications	<b>Yes</b>  If child looks or acts ill OR If child has diarrhea with fever OR if child has diarrhea with vomiting OR If child has diarrhea not contained in toilet	When diarrhea has stopped for 24 hours or with healthcare provider's written note stating that the diarrhea is due to a non-communicable cause
<b>Fever:</b>  Has a fever over 100 degrees AND has behavioral changes or illness	<b>Yes</b>  When fever is accompanied by behavior changes or other symptoms of illness, such as rash, sore throat, vomiting	24 hours after temperature returns to normal (without the use of medications to drop the temperature)
<b>Vomiting:</b>  Two or more episodes of vomiting in the past 24 hours	<b>Yes</b>  Observe for other signs of illness and for dehydration	When vomiting has stopped for 24 hours and the child is well hydrated
<b>Coughing:</b>  Severe coughing, uncontrolled coughing or wheezing, rapid or difficult breathing	<b>Yes</b>  Medical attention is necessary	When cough has stopped for 24 hours or with healthcare provider's written statement that the cough is due to a non-communicable cause
<b>Eye infection:</b>  Pink color of eye <i>and</i> thick yellow/green discharge	<b>Yes</b>  Must seek treatment. If your health provider decides not to treat, a note is needed	24 hours after treatment with healthcare provider's consent
<b>Rash:</b>  Body rash without fever or behavior changes usually does not require exclusion from school	<b>Yes</b>  Any rash that spreads quickly, has open, weeping wounds and/or is not healing should be evaluated. Seek medical advice	With healthcare provider's written statement that the rash is due to a non-communicable cause
<b>Flu Symptoms:</b>  Fever over 100 degrees with a cough or sore throat. Other flu symptoms can include fatigue, body aches, vomiting and diarrhea	<b>Yes</b>  Observe for dehydration	24 hours after temperature returns to normal without the use of fever reducing medicine

<p><b>Mild Respiratory or Cold</b></p> <p><b>Symptoms:</b></p> <p>Stuffy nose with clear drainage, sneezing, mild cough</p>	<p><b>No</b></p> <p>May attend if able to participate in school activities</p>	
<p><b>Chicken Pox:</b></p> <p>An itchy rash of spots that look like blisters and are accompanied by flu-like <b>symptoms</b></p>	<p><b>Yes</b></p>	<p>When all pox are scabbed over (no new or open blisters are present) and other symptoms of illness are gone. Usually 5-7 days</p>

Above guidelines approved by the Children's Hospital Colorado.