



Questions about
Nutrition Services please call:
303-853-7929

May 2018

Breakfast Lunch

Grades 6-8



Monday	Tuesday	Wednesday	Thursday	Friday
	1 <i>Frudel or Cereal, Juice, Applesauce</i> Fish Nuggets & Chips (Wedge Fries)	2 <i>Zee Zee Bar or Cereal, Juice, Dried Cranberries</i> Taquitos w/Black Beans	3 <i>Sausage-Pancake Stick or Cereal, Juice, Applesauce</i> Philly Cheesesteak Sandwich	4 <i>Cereal or Chef's Choice, Fruit Cup, Applesauce</i> Herbed Chicken, Rice & Creole Green Beans
7 <i>Breakfast Biscuit Sandwich or Cereal, Juice, Applesauce</i> Chicken & Waffles w/Syrup	8 <i>Bagelfuls or Cereal, Juice, Dried Cranberries</i> Beef Soft Shell Tacos w/Black Beans	9 <i>Breakfast Burrito or Cereal, Juice, Applesauce</i> Smothered Green Chile Enchilada w/Cilantro Lime Rice	10 <i>UBR Bar or Cereal, Fruit Cup, Juice</i> Sichuan Chicken w/Lomein, Peas & Carrots	11 <i>Cereal or Chef's Choice, Fruit Cup, Applesauce</i> Grilled Cheese w/Tomato Soup
14 <i>Breakfast Pizza or Cereal, Juice, Dried Cranberries</i> Cheese Omelet w/Sausage & Biscuit	15 <i>Frudel or Cereal, Juice, Applesauce</i> Oven Roasted BBQ Chicken	16 <i>Zee Zee Bar or Cereal, Juice, Dried Cranberries</i> Beef Mashed Potato Bowl	17 <i>Sausage-Pancake Stick or Cereal, Juice, Applesauce</i> Cheesy Breadstick w/Marinara	18 <i>Cereal or Chef's Choice, Fruit Cup, Applesauce</i> Taquitos w/Black Beans
21 <i>Breakfast Biscuit Sandwich or Cereal, Juice, Applesauce</i> Grilled Cheese w/Black Bean Soup	22 <i>Bagelfuls or Cereal, Juice, Dried Cranberries</i> Beef Soft Shell Tacos w/Black Beans	23 <i>Breakfast Burrito or Cereal, Juice, Applesauce</i> Asian Buffalo Chicken w/Fried Rice, Peas & Carrots	24 <i>UBR Bar or Cereal, Fruit Cup, Juice</i> Traditional Enchilada w/Red Sauce & Cilantro Lime Rice	25 <i>Cereal or Chef's Choice, Fruit Cup, Applesauce</i> Mashed Potato Bowl
28 NO SCHOOL	29 Chef's Choice Chef's Choice	30 Chef's Choice Chef's Choice	31 Chef's Choice Chef's Choice	1-Jun Summer Break!!!
Also offered weekly....				
Cheeseburger, Chicken Sandwich, Fries	Hamburger, Spicy Chicken Sandwich, Fries	Pork Ribbie Sandwich, Corn Dog, Fries	Hamburger, Spicy Chicken Sandwich, Fries	Cheeseburger, Chicken Sandwich, Fries
Cheese Pizza, 4 Meat Pizza, Marinara Sauce	Cheese Pizza, Buffalo Chicken Pizza, Marinara Sauce	Cheese Pizza, Meatball Pizza, Marinara Sauce	Cheese Pizza, Sausage Pizza, Marinara Sauce	Cheese Pizza, Pepperoni Pizza, Calzone, Marinara Sauce



Menu items subject to change based on availability. This institution is an equal opportunity provider and employer.

All enrolled students eat at no charge for the first serving of breakfast and lunch. *2nd Serving of Breakfast; \$1.50* 2nd Serving of Lunch \$2.50* Adult Meals \$3.75 *Additional Milk \$0.60/Water \$0.50

Daily Offerings: 1% and non-fat white milk, non-fat chocolate milk, 8oz water & salad bar

Also offered daily on the salad bar:

Lettuce, Tomato, Carrot, Cucumber, Celery & Radish Fruit Cup & Melon	Lettuce, Tomato, Carrot, Cucumber, Celery, Radish & Corn Applesauce & Fruit Cup	Lettuce, Tomato, Carrot, Cucumber, Celery, Radish & Black Beans Orange Wedges & Fruit Cup	Lettuce, Tomato, Carrot, Cucumber, Celery & Radish Berries & Fruit Cup	Lettuce, Tomato, Carrot, Cucumber, Celery & Radish Mandarin Orange & Grapes Salad, Kiwi
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Don't forget to take a 1/2 cup of fruit of vegetable with your meal! **Applesauce and Carrot sticks** are offered daily at the register in case you forget!