



Questions about  
Nutrition Services please  
call:  
303-853-7929

**October 2018**

**Breakfast Lunch**

**Grades K-5**



Monday	Tuesday	Wednesday	Thursday	Friday
1 Mini Waffle Breakfast, Applesauce, Juice  Grilled Cheese w/ Black Bean Soup	2 Zee Zee Bar, Dried Cranberries, Juice  Roasted Herb Chicken w/ Rice	3 Turkey Chorizo Breakfast Burrito, Applesauce, Juice  Pizza	4 Frudel, Fruit Cup, Juice  Traditional Enchiladas	5 Cereal, Applesauce, Fruit Cup  Hot Dogs w/ Wedge Fries
8 Breakfast Pizza, Dried Cranberries, Juice  Mac & Cheese w/ Pretzel Rods	9 Muffin Top, Fruit Cup, Juice  Beef Soft Tacos	10 Yogurt Parfait, Fruit Cup, Juice  Pizza	11 Sausage-Pancake Stick, Dried Cranberries, Juice  Pasta Bake w/ Breadsticks	12 <b>No classes</b>
15 <b>No Classes</b>	16 <b>Fall</b>	17 <b>Break</b>	18 <b>!!!</b>	19 <b>No Classes</b>
22 Mini Waffle Breakfast, Apple Slices, Juice  Cheese Omelet w/ French Toast Sticks	23 Zee Zee Bar, Orange, Juice  Beef Soft Tacos	24 Turkey Chorizo Burrito, Applesauce, Juice  Pizza	25 Frudel, Orange, Juice  Burger/ Cheeseburger w/ Wedge Fries	26 Cereal, Apple Slice, Orange  Cheesy Breadstick w/ Marinara
29 Breakfast Pizza, Apple Slices, Juice  Grilled Cheese w/ Black Bean Soup	30 Muffin Top, Orange, Juice  Roasted Herb Chicken w/ Rice	31 Yogurt Parfait, Applesauce, Juice  Pizza	Sausage-Pancake Stick, Orange, Juice  Traditional Enchiladas	Cereal, Apple Slices, Orange  Hot Dogs w/ Wedge Fries

Menu items subject to change based on availability.

This institution is an equal opportunity provider and employer.

All enrolled students eat at no charge for the first serving of breakfast and lunch. \* 2nd Serving of Breakfast; \$1.50 \* 2nd Serving of Lunch \$3.50 \* Additional Milk \$0.60/Water \$0.50

Adult Meals Breakfast \$2.50  
Lunch \$3.75

Daily Offerings: 1% and non-fat white milk, non-fat chocolate milk, 8oz water & salad bar

**Seasonal offerings daily on the salad bar**

\*Don't forget to take atleast 1/2 cup of fruit or vegetable with your lunch! \*