



Questions about  
Nutrition  
Services Please call:  
303-853-7929

# September 2018

Pre-school: Full Day STARS



Menuitems subject to change based on availability.  
This institution is an equal opportunity employer

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

3

**Labor Day**

No School

4

**Breakfast:**

UBR, Applesauce, Juice, Milk

**Lunch:** Chicken Tenders, Apples, Corn, Milk

**Snack:** Grapes & Cheesestick

5

**Breakfast:**

Bagel & Cream Cheese, Craisins, Juice, Milk

**Lunch:** Cheese/ Pepperoni Pizza, Fruit Cocktail, Cucumber slices, Milk

**Snack:** Corn Tortilla Chips & Bean Dip

6

**Breakfast:**

Quick Bread Slice, Applesauce, Juice, Milk

**Lunch:** Traditional Cheese Enchiladas & Beans, Kiwi, Grape tomatoes, Milk

**Snack:** Cucumbers & Cheesy Crackers

7

**Breakfast:**

Cereal, Fruit Cup, Juice, Milk

**Lunch:** Hot Dog, Fries, Melon, Milk

**Snack:** Turkey Ham & Cheese Roll-up

10

**Breakfast:**

Mini Waffles, Applesauce, Juice, Milk

**Lunch:** Mac & Cheese, Grapes, Broccoli, Milk

**Snack:** Yogurt & Graham Crackers

11

**Breakfast:**

English Muffin & Jam, Fruit Cup, Juice, Milk

**Lunch:** Beef Tacos, Refried Beans, Corn, Canned Peaches, Milk

**Snack:** Apple & Cheesestick

12

**Breakfast:**

Yogurt, Granola, Applesauce, Juice, Milk

**Lunch:** Cheese/ Pepperoni Pizza, Peas, Orange Slices, Milk

**Snack:** Green Peppers & Soft Pretzel

13

**Breakfast:**

Frudel, Craisins, Juice, Milk

**Lunch:** Pasta Bake, Green Peppers, Kiwi Slices, Milk

**Snack:** Popcorn & Craisins

14

**Breakfast:**

Cereal, Fruit Cup, Juice, Milk

**Lunch:** Chicken Tenders, Fries, Melon, Milk

**Snack:** Turkey & Cheese Roll-up

17

**Breakfast:**

English Muffins & Jam, Applesauce, Juice, Milk

**Lunch:** Chicken Mashed Potato Bowl, Fruit Cup, Milk

**Snack:** Fruit Cocktail & Crackers

18

**Breakfast:**

Muffin Top, Craisins, Juice

**Lunch:** Grilled Cheese, Green Peppers, Apples, Milk

**Snack:** Grapes & Cheesestick

19

**Breakfast:**

Yogurt, Granola, Fruit Cup, Juice, Milk

**Lunch:** Cheese/ Pepperoni Pizza, Orange Slices, Celery Sticks, Milk

**Snack:** Corn Tortilla Chips & Bean Dip

20

**Breakfast:**

Bagel & Cream Cheese, Craisins, Juice, Milk

**Lunch:** Green Chile Smothered Enchiladas, Refried Bean, Grape Tomatoes, Applesauce, Milk

**Snack:** Cucumbers & Cheesy Crackers

21

**Breakfast:**

Cereal, Fruit Cup, Juice, Milk

**Lunch:** Chicken Nuggets, Peas, Melon, Milk

**Snack:** Turkey Ham & Cheese Roll-up

24

**Breakfast:**

Bagel & Cream Cheese, Craisins, Juice, Milk

**Lunch:** Cheese Omelet, French toast, Cucumber Slices, Grapes, Milk

**Snack:** Yogurt & Graham

25

**Breakfast:**

Baked Oats, Applesauce, Juice, Milk

**Lunch:** Beef Tacos, Refried Beans, Corn, Apples, Milk

**Snack:** Apple & Cheesestick

26

**Breakfast:**

Yogurt, Granola, Fruit Cup, Juice, Milk

**Lunch:** Cheese/Pepperoni Pizza, Celery Sticks, Orange Slices, Milk

**Snack:** Green Pepper & Soft Pretzel

27

**Breakfast:**

Quick Bread Slice, Applesauce, Juice, Milk

**Lunch:** Cheeseburger, Fries, Canned Pineapple, Milk

**Snack:** Popcorn & Craisins

28

**Breakfast:**

Cereal, Fruit Cup, Juice, Milk

**Lunch:** Cheesy Breadstick, Marinara Sauce, Broccoli, Melon, Milk

**Snack:** Turkey Ham & Cheese roll-