



Questions about  
Nutrition Services please call:  
303-853-7929

# August 2018

Breakfast Lunch

Grades 6-8



WELCOME BACK!

| Monday   | Tuesday   | Wednesday   | Thursday  | Friday   |
|--|---|---|---|--|
|  |   | 1<br>No School  | 2<br>No School  | 3<br>No School   |
| 6<br>No School   | 7<br>No School  | 8<br>No School  | 9<br>No School  | 10<br>No School  |
| 13<br>No School  | 14<br>No School   | 15<br>No School   | 16<br>FIRST DAY OF SCHOOL<br>Breakfast Bread or Cereal, Juice,<br>Fruit Cup<br>Mac & Cheese w/Pretzel Rod | 17<br>Cereal or PBJ, Fruit Cup, Applesauce<br>Chicken Tenders w/Wedge Fries &<br>Biscuit |
| 20<br>Mini Waffles or Cereal, Juice,<br>Applesauce<br>Chicken Mash Potato Bowl<br>w/Breadstick         | 21<br>ZeeZee Bar or Cereal, Juice, Craisins<br>Grilled Cheese Sandwich w/Tomato<br>Soup | 22<br>Breakfast Burrito or Cereal, Juice,<br>Applesauce<br>Spaghetti & Meatballs w/Breadstick       | 23<br>Frudel or Cereal, Juice, Fruit Cup<br>Green Chile Smothered Cheese<br>Enchiladas                    | 24<br>Cereal or PBJ, Fruit Cup, Applesauce<br>BBQ Chicken w/Biscuit & Coleslaw           |
| 27<br>Breakfast Pizza or Cereal, Juice,<br>Dried Cranberries<br>Cheese Omelet & French Toast<br>Sticks | 28<br>Muffin Top or Cereal, Juice, Fruit<br>Cup<br>Beef Soft Tacos                      | 29<br>Yogurt Parfait or Cereal, Juice, Fruit<br>Cup<br>Philly Cheesesteak Sandwich<br>w/Wedge Fries | 30<br>Sausage-Pancake Stick or Cereal,<br>Juice, Applesauce<br>Cowboy Mac & Cheese                        | 31<br>Cereal or PBJ, Fruit Cup, Applesauce<br>Cheesy Breadsticks w/Marinara              |
| Also offered weekly...<br>Cheeseburger, Chicken Sandwich, Fries  | Hamburger, Spicy Chicken Sandwich, Fries  | Pork Ribbie Sandwich, Corn Dog, Fries   | Hamburger, Spicy Chicken Sandwich, Fries  | Cheeseburger, Chicken Sandwich, Fries  |
| Cheese Pizza, BBQ Chicken Pizza, Marinara<br>Sauce   | Cheese Pizza, Meatball Pizza, Marinara<br>Sauce   | Cheese Pizza, Hawaiian Pizza, Marinara<br>Sauce   | Cheese Pizza, Calzone, Marinara Sauce   | Cheese Pizza, Green Chile Carnitas Pizza,<br>Marinara Sauce                              |



Menu items subject to change based on availability.

This institution is an equal opportunity provider and employer.

All enrolled students eat at no charge for the first serving of breakfast and lunch. \* 2nd Serving of Breakfast; \$1.50 \* 2nd Serving of Lunch \$2.50 \* Additional Milk \$0.60/Water \$0.50

Adult Meals Breakfast \$2.50

Daily Offerings: 1% and non-fat white milk, non-fat chocolate milk, 8oz water & salad bar

Seasonal offerings daily on the salad bar

\*Don't forget to take atleast 1/2 cup of fruit or vegetable with your lunch! \*