



Questions about
Nutrition Services please call:
303-853-7929

August 2018

Breakfast Lunch

Grades 9-12



Monday	Tuesday	Wednesday	Thursday	Friday
WELCOME	BACK!	1 No School	2 No School	3 No School
6 No School	7 No School	8 No School	9 No School	10 No School
13 No School	14 No School	15 No School	16 FIRST DAY OF SCHOOL Breakfast Bread, Breakfast Sandwich, or Cereal, Juice, Fruit Cup Mac & Cheese w/Pretzel Rod	17 Chef's Choice, Cereal or PBJ, Fruit Cup, Applesauce Chicken Tenders w/Wedge Fries & Biscuit
20 Mini Waffles, PBJ, or Cereal, Juice, Applesauce Chicken Mash Potato Bowl w/Breadstick	21 ZeeZee Bar, Breakfast Sandwich, or Cereal, Juice, Craisins Grilled Cheese Sandwich w/Tomato Soup	22 Breakfast Burrito, PBJ, or Cereal, Juice, Applesauce Spaghetti & Meatballs w/Breadstick	23 Frudel, Breakfast Sandwich, or Cereal, Juice, Fruit Cup Sweet & Spicy Wings w/Pretzel Rods	24 Chef's Choice, Cereal or PBJ, Fruit Cup, Applesauce BBQ Chicken w/Biscuit & Coleslaw
27 Breakfast Pizza, PBJ, or Cereal, Juice, Dried Cranberries Cheese Omelet, French Toast Sticks & Hashbrowns	28 Muffin Top, Breakfast Sandwich, or Cereal, Juice, Fruit Cup BBQ Pork Sandwich w/Wedge Fries & Coleslaw	29 Yogurt Parfait, PBJ, or Cereal, Juice, Fruit Cup Philly Cheesesteak Sandwich w/Wedge Fries	30 Sausage-Pancake Stick, Breakfast Sandwich, or Cereal, Juice, Applesauce Cowboy Mac & Cheese	31 Chef's Choice, Cereal or PBJ, Fruit Cup, Applesauce Cheesy Breadsticks w/Marinara

Also offered weekly

Cheeseburger, Chicken Sandwich, Fries	Hamburger, Spicy Chicken Sandwich, Fries	Pork Ribbie Sandwich, Corn Dog, Wedge Fries	Cheeseburger, Chicken Sandwich, Fries	Hamburger, Spicy Chicken Sandwich, Fries
Cheese Pizza, BBQ Chicken Pizza, Marinara Sauce	Cheese Pizza, Meatball Pizza, Marinara Sauce	Cheese Pizza, Hawaiian Pizza, Marinara Sauce	Cheese Pizza, Calzone, Marinara Sauce	Cheese Pizza, Green Chile Carnitas Pizza, Marinara Sauce
Asian Buffalo Chicken, Fried Rice, Peas & Carrots	General Tso Chicken, LoMein & Stir Fry Veggies	Orange Chicken, Fried Rice, Peas & Carrots	Kung Pao Chicken, Fried Rice, Peas & Carrots	Teriyaki Chicken, LoMein & Stir Fry Veggies
Traditional Cheese Enchiladas, Beans & Cilantro-Lime Rice	Beef Hard Shell Tacos, Beans, Cilantro Lime Rice, Toppings	BYO Burrito, Beans & Cilantro-Lime Rice	Green Chile Cheese Enchiladas, Beans & Cilantro-Lime Rice	Carnitas Taco Bowl, Black Beans, Fajita Veggies, Toppings
PB & J Sandwich, Italian Hoagie	PB & J Sandwich, Turkey Sub	PB & J Sandwich, Chicken Garden Veg Pasta Salad	PB & J Sandwich, Ham & Cheese Sub	PB & J Sandwich, Popcorn Chicken Wrap



Menu items subject to change based on availability.

This institution is an equal opportunity provider and employer.

All enrolled students eat at no charge for the first serving of breakfast and lunch. * 2nd Serving of Breakfast; \$1.50 * 2nd Serving of Lunch \$2.50 * Additional Milk \$0.60/Water \$0.50

Adult Meals

Breakfast \$2.50

Lunch \$3.75

Daily Offerings: 1% and non-fat white milk, non-fat chocolate milk, 8oz water & salad bar

Seasonal offerings daily on the salad bar.

*Don't forget to take atleast 1/2 cup of fruit or vegetable with your lunch! *