



Questions about Nutrition Services please call: 303-853-7929

# MARCH 2018

## PRESCHOOL



03/05-03/09/2018	Monday/ Lunes	Serving Size/Proción	Tuesday/ Martes	Serving Size/Proción	Wednesday/ Miercoles	Serving Size/Proción	Thursday/ Jueves	Serving Size/Proción	Friday/ Viernes	Serving Size/Proción
<b>Breakfast/Desayuno</b>										
Milk/Leche	1% Milk/ Leche	3/4c (6oz)	1% Milk/ Leche	3/4c (6oz)	1% Milk/ Leche	3/4c (6oz)	1% Milk/ Leche	3/4c (6oz)		
Fruit/Vegetable/ Fruta/Vegetales	Dried Cranberries/ Arandanos Secos	1 package/ paquete	Applesauce/ Pure de Manzana	1 package/ paquete	Fruit Cup/ Tazon con Fruta	1 package/ paquete	Apple Slices/ Manzana Rebanada	1 package/ paquete		
Grain/ Granos	WG Bagel	1 each	WG Granola	1 each	WG Mini Loaf/ Panecillo WG	1 each	WG Cereal	1 package/		
	Cream Cheese/ Queso Crema	1 each								
<b>Snack/Merienda</b>										
Milk	X	X	X	X	X	X	X	X		
Fruit/Vegetable/ Fruta/Vegetales	Fruit Cup/Tazon con Fruta	1 each	X	X	Cucumber Slices/ Pepino Rebanado	1/2 c (4oz)	X	X		
Grain/ Granos	WG Saltine Crackers/ Galletas Saladas WG	1 package/ paquete	WG Soft Pretzel/ Pretzel Suave WG	1 each	WG Crackers/ Galletas WG	1 each	WG Granola	1 package/ paquete		
MMA	X	X	Cheese Stick/ Palitos de Queso	1 each	X	X	Yogurt	1 each		
Beverage/ Bebidas	Water/ Agua	1c (8oz)	Water/ Agua	1c (8oz)	Water/ Agua	1c (8oz)	Water/ Agua	1c (8oz)		

03/12-03/16/2018	Monday/ Lunes	Serving Size/Proción	Tuesday/ Martes	Serving Size/Proción	Wednesday/ Miercoles	Serving Size/Proción	Thursday/ Jueves	Serving Size/Proción	Friday/ Viernes	Serving Size/Proción
<b>Breakfast/Desayuno</b>										
Milk/Leche	1% Milk/ Leche	3/4c (6oz)	1% Milk/ Leche	3/4c (6oz)	1% Milk/ Leche	3/4c (6oz)	1% Milk/ Leche	3/4c (6oz)		
Fruit/Vegetable/ Fruta/Vegetales	Dried Cranberries/ Arandanos Secos	1 package/ paquete	Applesauce/ Pure de Manzana	1 package/ paquete	Fruit Cup/ Tazon con Fruta	1 package/ paquete	Apple Slices/Manzana Rebanada	1 package/ paquete		
Grain/ Granos	WG Muffin Top/Pastelito WG	1 each	WG Quick Bread/ Rebanada de Pan WG	1 each	WG Bagel Bar/ Barra de Bagel WG	1 each	WG Cereal	1 package/ paquete		
Other										
<b>Snack/Merienda</b>										
Milk/Leche	X	X	X	X	X	X	X	X		
Fruit/Vegetable/ Fruta/Vegetales	X	X	X	X	X	X	Dried Cranberries/ Arandanos Secos	1 package/ paquete		
Grain/ Granos	Popcorn	1 each	WG Waffle Sticks/ Palitos de Waffle WG	2 each	Yogurt	1 each	WG Cheesy Crackers/ WG Galletas con Queso	1 each		
MMA	Cheese Stick	1 each	Peanut Butter/ Crema de Cacahuete	1 each	WG Granola	1 package/ paquete	X	X		
Beverage/ Bebidas	Water/ Agua	1c (8oz)	Water/ Agua	1c (8oz)	Water/ Agua	1c (8oz)	Water/ Agua	1c (8oz)		

03/19-03/23/2018	Monday/ Lunes	Serving Size/Proción	Tuesday/ Martes	Serving Size/Proción	Wednesday/ Miercoles	Serving Size/Proción	Thursday/ Jueves	Serving Size/Proción	Friday/ Viernes	Serving Size/Proción
<b>Breakfast/Desayuno</b>										
Milk/Leche	1% Milk/ Leche	3/4c (6oz)	1% Milk/ Leche	3/4c (6oz)	1% Milk/ Leche	3/4c (6oz)	NO SCHOOL/ NO HAY CLASES		NO SCHOOL/ NO HAY CLASES	
Fruit/Vegetable/ Fruta/Vegetales	Dried Cranberries/ Arandanos Secos	1 package/ paquete	Applesauce/ Pure de Manzana	1 package/ paquete	Fruit Cup/ Tazon con Fruta	1 package/ paquete				
Grain/ Granos	Yogurt	1 each	WG Baked Oats (UBR)/ Galleta	1 each	WG Cereal	1oz package/				
<b>Snack/Merienda</b>										
Milk/Leche	F	3/4c (6oz)	1% Milk/ Leche	3/4c (6oz)	1% Milk/ Leche	3/4c (6oz)	NO SCHOOL/ NO HAY CLASES		NO SCHOOL/ NO HAY CLASES	
Fruit/Vegetable/ Fruta/Vegetales	Apple Slices/ Manzana Rebanada	1/4c (2oz)	Orange Slices/Naranja Rebanada	1/4c (2oz)	Sliced Pears/ Pera Rebanada	1/4c (2oz)				
Grain/ Granos	Confetti Corn/ Elote Confeti	1/4c (2oz)	Tomato Soup/ Sopa de Tomate	1/4c (2oz)	Carrot Sticks/ Palitos de Zanahoria	1/4c (2oz)				
MMA	WG Corn Dog/ Banderilla WG	1 each	WG Grilled Cheese Sandwich/ Sandwich de Queso a la Parrilla WG	1 each	WG Pizza	1 each				
Beverage/ Bebidas	Water/ Agua	1c (8oz)	Water/ Agua	1c (8oz)	Water/ Agua	1c (8oz)				

### NO SCHOOL/NO HAY CLASES 3/26- 3/30/2018

Menu items subject to change based on availability/Los artículos en el menú está sujeto a cambios, según disponibilidad.  
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