National School Lunch Week

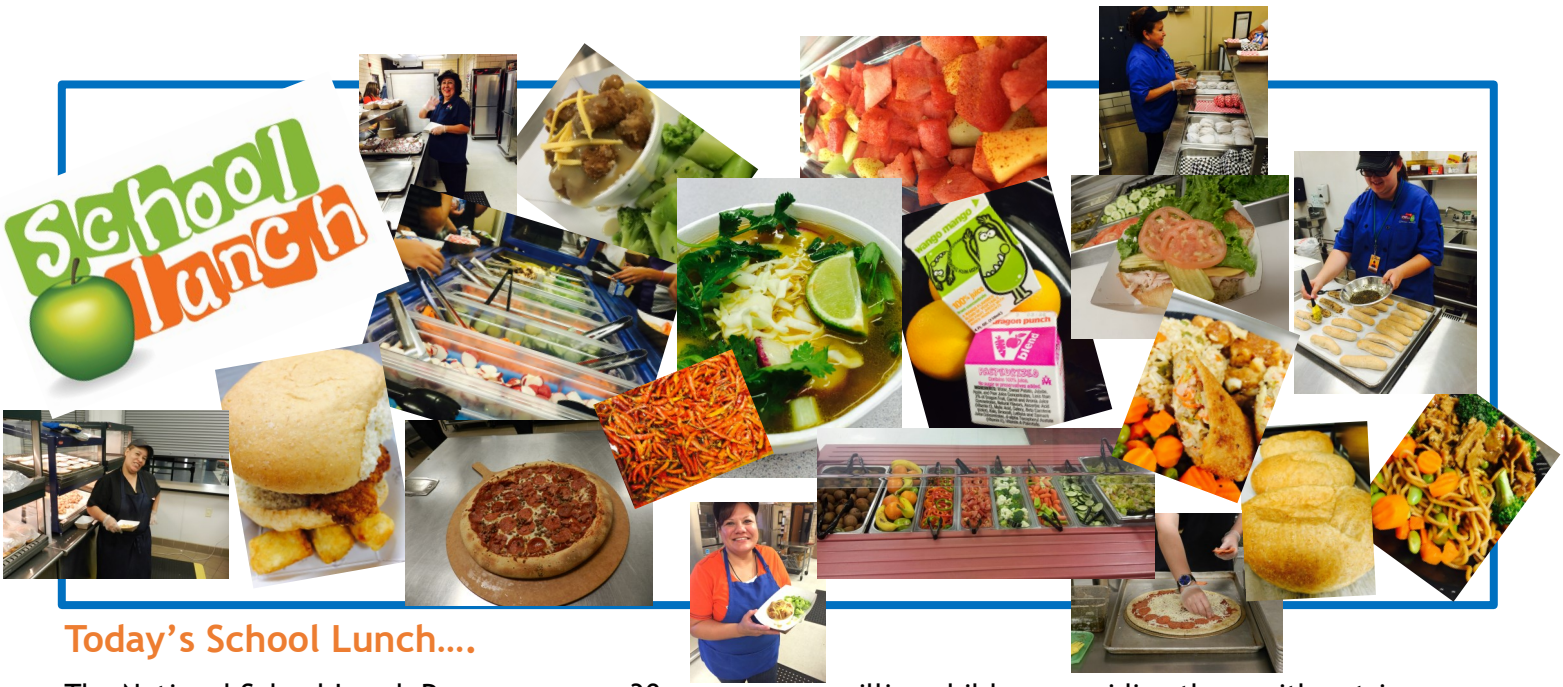
School Lunch Has Changed… Come See How!

Do you know what's being served in your child's school cafeteria?... The answer will surprise you.

Adams 14 school cafeterias are featuring healthier options, more fruits and vegetables, locally sourced products (when available), chef-inspired recipes, and more choices for kids.

Please join us in celebrating **National School Lunch Week October 9-11, 2017.**

Talk to the cafeteria manager at your child's school to see what is being served and planned activities… or come to lunch and see for yourself!!!



Today's School Lunch….

The National School Lunch Program serves 30+ million children providing them with nutritious, low-cost and free meals. School lunches today include:

- **Fruits and Vegetables Daily**
- **Whole Grains**
- **Fat-Free and Low Fat Milk**

Have a great recipe? Send it in! We would love to try and recreate meals your kids love at home!

Mail Submissions to:
Adams 14 Nutrition Services
ATTN: Katie Cossette
4291 East 68th Ave.
Commerce City, CO 80022

Email to:
kcossette@adams14.org

www.schoolnutrition.org/schoolmeals

Students as always eat for free. Visitors and Adult meals are $3.50

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