



Frequently Asked Questions Regarding Coronavirus-Related Events

The following frequently asked questions (FAQ) are designed to help inform our community regarding common questions surrounding this unprecedented, global health crisis. We greatly appreciate your ongoing collaboration and partnership. We encourage you to submit additional questions to communications@adams14.org, and we will answer and post those inquiries to this FAQ as quickly as possible to keep the community up-to-date on District announcements.

GENERAL HEALTH INFORMATION

WHAT IS COVID-19?

As outlined by our partners at Tri-County Health Department:

Coronaviruses are a large family of viruses, which may cause illness in animals or humans. In humans, several coronaviruses are known to cause respiratory infections ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS). The most recently discovered coronavirus causes coronavirus disease COVID-19. [Read more here about COVID-19.](#)

WHAT ARE THE SYMPTOMS OF COVID-19?

The most common symptoms are fever, shortness of breath and cough. These symptoms may appear 2-14 days after exposure. Some patients may have aches and pains, nasal congestion, runny nose, sore throat or diarrhea. These symptoms are usually mild and begin gradually. Most people (about 80%) recover from the disease without needing special treatment. Older adults and people who have severe underlying chronic medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. [Read more here about COVID-19 symptoms from the CDC.](#)

WHEN SHOULD I CALL MY HEALTHCARE PROVIDER?

If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as cough or difficulty breathing you should consult your healthcare provider. Pay attention for potential COVID-19 symptoms including, fever, cough, and shortness of breath. If you feel like you are developing symptoms, call your healthcare provider or local clinic. If you develop emergency warning signs for COVID-19 get medical attention immediately. In adults, emergency warning signs*:

- Difficulty breathing or shortness of breath
- Persistent pain or pressure in the chest
- Bluish lips or face
 - *This list is not all-inclusive. Please consult your healthcare provider for any other symptoms that are severe or concerning. [Learn more at CDC.](#)

WHAT ARE THE BEST PREVENTATIVE MEASURES?

Currently, the national recommendation is to practice social distancing, or isolation, to prevent the spread of COVID-19, including a recent emergency implementation to close down restaurants, bars, theaters, gymnasiums and casinos in Colorado. [Read more here from the Colorado Department of Public Health & Environment.](#)

- Cough or sneeze into your sleeve, or if you use a tissue then discard the tissue and promptly wash your hands.
- Avoid close contact with people who are sick.
- Stay home while you are sick and avoid close contact with others.
- Avoid touching your eyes, nose, and mouth.
- Wash your hands often with soap and water for at least 20 seconds.
 - *If soap and water are not readily available, use an alcohol-based hand sanitizer that contains at least 60% alcohol if hands are not visibly soiled. There is currently no vaccine to prevent COVID-19.*

WHAT ARE THE CURRENT GUIDELINES FOR ISOLATION?

Currently, the national recommendation is to practice social distancing, or isolation, to prevent the spread of COVID-19, including a recent emergency implementation to close down restaurants, bars, theaters, gymnasiums and casinos in Colorado. [Read more here from the Colorado Department of Public Health & Environment.](#)

HOW IS ADAMS 14 HANDLING FACILITY SANITIZING?

Protecting the health and safety of our students, staff and community from the spread of coronavirus and other infectious disease is a top priority. During the closure, our building engineers and maintenance professionals are cleaning and sanitizing all facilities and buses. This disinfecting process will include all areas including classrooms, restrooms and cafeterias, and will include all high-touch surfaces. A ‘clean and seal’ protocol is being used to ensure that areas are sealed off after they are disinfected. Once the buildings are cleaned and sealed, they will not be accessible until schools reopen.

EDUCATIONAL INFORMATION

HOW CAN I ACCESS FOOD FOR MY STUDENT?

School closures are particularly stressful for families that rely on schools for daily student meals. During this closure, Adams 14 is providing nutritious meals to children in need Monday through Friday, at two convenient drive-up or walk-up locations. Beginning Tuesday, March 17, the district will distribute school lunch and breakfast takeaway meals at Kearney Middle School and Adams City Middle School. At a minimum, this service will be provided weekdays, until schools reopen. Each daily pick-up will include 1 lunch and 1 breakfast (for the next morning) for children 18 years of age and younger. Until further notice, the time for student meal pick-up at Adams City Middle School and Kearney Middle School is 11:00 a.m. to 12:30 p.m. weekdays through Friday, March 27. [Click here to access a video update from Superintendent Rangel regarding Adams 14's meal service program.](#)

WHAT IS THE DISTRICT'S PLAN FOR HOME LEARNING?

Creating consistent learning opportunities at home is one of the best ways we can effectively support our students' cognitive growth as well as their mental health and wellness.

As our nation continues to navigate the evolving challenges of the Coronavirus, we are pleased to announce an initial update surrounding Adams 14's home learning opportunities for students.

1. On March 23, Adams 14 will be sharing a more in-depth communication, including a link with instructions via the Flyer app, each school's website and Facebook page, as well as the District's website and Facebook page.
2. On March 30, we are asking one adult from your house to pick up items you may be in need of (pencils, notebook, Chromebook), using a drive-up method in the parking lot at Adams City High School (ACHS), which will include grade-level resources to help support learning at home.

Important things to remember:

- We are certainly in a unique position, and we are working to find unique solutions that support our students and families.
- We greatly appreciate your partnership, patience, flexibility and feedback as we work together to ensure – *regardless of the situation* – that our students are prepared for powerful futures.
- Please check the [District's coronavirus resource webpage](#) for updated information to support your family, while adhering to the recommended isolation precautions.

In anticipation of the upcoming home learning announcement, we'd like to share these additional resources that can help promote engagement and exploration at home over Spring Break next week!

- [Scholastic Learn at Home](#)

- [National Geographic Kids](#)
- [PBS Kids](#)
- [GoNoodle](#)
- [BrainPop](#)
- [ABC Mouse](#)
- [The Dad Lab](#)
- [Busy Toddler](#)
- [Teaching 2 and 3 Year Olds](#)
- [I Heart Crafty Things](#)
- [Blastastic Day](#)

WHAT IF I DO NOT HAVE HOME INTERNET ACCESS?

We highly encourage families to check into Xfinity Internet Essentials. New Internet Essentials customers will receive two free months of Internet service, which is available to all qualified low-income households for \$9.95/month plus tax. Apply by April 30, 2020.

Click here to learn more in [English](#). Click here to learn more in [Spanish](#).

HOW LONG WILL ADAMS 14 SCHOOLS REMAIN CLOSED?

Adams 14 will rely on direction from State and local health authorities to determine the duration of the District’s closure. At this time, Gov. Polis has signed an executive order prohibiting schools from providing in-person instruction from March 23 to April 17. We thank you in advance for your ongoing partnership and patience as we collaborate to reduce the spread of COVID-19. [Click here to read Gov. Polis’ executive order.](#)

HOW WILL HOME LEARNING IMPACT MY STUDENT’S GRADES?

As of this time, all students’ grades will remain the same as of March 13, 2020. Assignments completed by students during the closure will receive feedback from your child’s teacher, and will be applied to grade-level advancement and credit attainment. Any updates or changes to this will be updated here as they become available.

WHAT IS THE LATEST INFORMATION REGARDING STATE TESTING?

Due to extensive school closures to prevent the spread of COVID-19, all end-of-year assessments, including the Colorado Measures of Academic Success (CMAS), will be paused for the remainder of the 2019-20 school year. [Read more from the Colorado Department of Education \(CDE\) here.](#)