



Questions about
Nutrition Services please call:
303-853-7929

September 2018

Breakfast Lunch

Grades 6-8



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>LABOR DAY!</p> <p>No School</p>	<p>4</p> <p>UBR Bar or Cereal, Juice, Applesauce</p> <p>Oven Roasted Herb Chicken w/Rice</p>	<p>5</p> <p>Breakfast Sandwich or Cereal, Juice, Craisins</p> <p>Goulash w/Breadstick</p>	<p>6</p> <p>Breakfast Bread or Cereal, Juice, Fruit Cup</p> <p>Traditional Cheese Enchiladas</p>	<p>7</p> <p>Cereal or PBJ, Fruit Cup, Applesauce</p> <p>Hot Dog w/Wedge Fries</p>
<p>10</p> <p>Mini Waffles or Cereal, Juice, Applesauce</p> <p>Mac & Cheese w/Pretzel Rod</p>	<p>11</p> <p>ZeeZee Bar or Cereal, Juice, Craisins</p> <p>Beef Soft Tacos</p>	<p>12</p> <p>Breakfast Burrito or Cereal, Juice, Applesauce</p> <p>Philly Cheesesteak Sandwich w/Wedge Fries</p>	<p>13</p> <p>Frudel or Cereal, Juice, Fruit Cup</p> <p>Pasta Bake w/Breadstick</p>	<p>14</p> <p>Cereal or PBJ, Fruit Cup, Applesauce</p> <p>Chicken Tenders w/Wedge Fries & Biscuit</p>
<p>17</p> <p>Breakfast Pizza or Cereal, Juice, Dried Cranberries</p> <p>Chicken Mash Potato Bowl w/Breadstick</p>	<p>18</p> <p>Muffin Top or Cereal, Juice, Fruit Cup</p> <p>Grilled Cheese Sandwich w/Tomato Soup</p>	<p>19</p> <p>Yogurt Parfait or Cereal, Juice, Fruit Cup</p> <p>Spaghetti & Meatballs w/Breadstick</p>	<p>20</p> <p>Sausage-Pancake Stick or Cereal, Juice, Applesauce</p> <p>Green Chile Smothered Cheese Enchiladas</p>	<p>21</p> <p>Cereal or PBJ, Fruit Cup, Applesauce</p> <p>BBQ Chicken w/Biscuit & Coleslaw</p>
<p>24</p> <p>Bagel & Cream Cheese or Cereal, Juice, Craisins</p> <p>Cheese Omelet & French Toast Sticks</p>	<p>25</p> <p>UBR Bar or Cereal, Juice, Applesauce</p> <p>Beef Soft Tacos</p>	<p>26</p> <p>Breakfast Sandwich or Cereal, Juice, Craisins</p> <p>Philly Cheesesteak Sandwich w/Wedge Fries</p>	<p>27</p> <p>Breakfast Bread or Cereal, Juice, Fruit Cup</p> <p>Cowboy Mac & Cheese</p>	<p>28</p> <p>Cereal or PBJ, Fruit Cup, Applesauce</p> <p>Cheesy Breadsticks w/Marinara</p>
Also offered weekly....				
Cheeseburger, Chicken Sandwich, Fries	Hamburger, Spicy Chicken Sandwich, Fries	Pork Ribbie Sandwich, Corn Dog, Fries	Hamburger, Spicy Chicken Sandwich, Fries	Cheeseburger, Chicken Sandwich, Fries
Cheese Pizza, BBQ Chicken Pizza, Marinara Sauce	Cheese Pizza, Meatball Pizza, Marinara Sauce	Cheese Pizza, Hawaiian Pizza, Marinara Sauce	Cheese Pizza, Calzone, Marinara Sauce	Cheese Pizza, Green Chile Carnitas Pizza, Marinara Sauce

Menu items subject to change based on availability.

This institution is an equal opportunity provider and employer.

All enrolled students eat at no charge for the first serving of breakfast and lunch. * 2nd Serving of Breakfast: \$1.50 * 2nd Serving of Lunch \$2.50 * Additional Milk \$0.60/Water \$0.50
Adult Meals Breakfast \$2.50

Daily Offerings: 1% and non-fat white milk, non-fat chocolate milk, 8oz water & salad bar

Seasonal offerings daily on the salad bar.

*Don't forget to take at least 1/2 cup of fruit or vegetable with your lunch! *

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