



Questions about  
Nutrition  
Services Please call:  
303-853-7929

# December 2018

Pre-school: Full Day STARS



Menuitems subject to change based on availability.  
This institution is an equal opportunity employer

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**3**

**Breakfast:** Mini French Toast, Juice, Applesauce, Milk  
**Lunch:** Chicken Smackers, Grapes, Carrot Sticks, Milk

**Snack:** Yogurt & Graham Crackers

**4**

**Breakfast:** English Muffin & Jam, Orange Slices, Banana, Milk  
**Lunch:** Hamburger/ Cheeseburger, Apple Slices, Green Peppers, Milk

**Snack:** Apple Slices & Cheese stick

**5**

**Breakfast:** Cereal, Juice, Applesauce, Milk  
**Lunch:** Pizza, Cucumber Slices, Fruit Cocktail, Milk

**Snack:** Green Peppers & Soft Pretzel

**6**

**Breakfast:** Yogurt, Granola, Banana, Oranges Slices  
**Lunch:** Spaghetti & Meatballs, Kiwi Slices, Broccoli, Milk

**Snack:** Popcorn & Fruit Cup

**7**

**Breakfast:** Muffin Top, Orange Slices, Applesauce  
**Lunch:** Grilled Cheese w/ Green Chile, Melon, Celery Sticks, Milk

**Snack:** Cereal & Milk

**10**

**Breakfast:** Mini Waffles, Applesauce, Juice, Milk  
**Lunch:** Creamy Chicken Green Chile Cheese Enchiladas, Refried Beans, Grape Tomatoes, Fruit Cocktail, Milk

**Snack:** Fruit Cocktail & Crackers

**11**

**Breakfast:** Muffin Top, Orange Slices, Banana, Milk  
**Lunch:** Mini Ravioli, Apple Slices, Broccoli, Milk

**Snack:** Grapes & Cheese stick

**12**

**Breakfast:** Cereal, Apple Slices, Juice, Milk  
**Lunch:** Pizza, Canned Peaches, Celery Sticks, Milk

**Snack:** Corn Tortilla Chips & Bean Dip

**13**

**Breakfast:** Yogurt, Granola, Orange Slices, Banana  
**Lunch:** Orange Chicken, Fried Rice, Corn, Kiwi Slices, Milk

**Snack:** Cucumbers & Cheesy Crackers

**14**

**Breakfast:** Bagel & Cream Cheese, Apple slices, Orange Slices, Milk  
**Lunch:** Smothered Burrito, Melon, Carrot Sticks, Milk

**Snack:** Cinni Mini & Milk

**17**

**Breakfast:** Mini French Toast, Juice, Applesauce, Milk  
**Lunch:** Chicken Tenders, Canned Apricots, Green Beans, Milk

**Snack:** Yogurt & Graham Crackers

**18**

**Breakfast:** English Muffin & Jam, Orange Slices, Banana, Milk  
**Lunch:** Green Chile Quesadilla, Refried Beans, Canned Pears, Green Peppers, Milk

**Snack:** Apple Slices & Cheese stick

**19**

**Breakfast:** Cereal, Apple Slices, Juice, Milk  
**Lunch:** Pizza, Cucumbers, Fruit Cocktail, Milk

**Snack:** Green Peppers & Soft Pretzel

**20**

**Breakfast:** Yogurt, Granola, Banana, Orange Slices  
**Lunch:** Cheeseburger, Tator Tots, Fruit Cup, Milk

**Snack:** Popcorn & Fruit Cup

**21**

**No School!**

**24**

**No School!**

**25**

**Winter**




**26**

**Break**



**27**

**!!!**



**28**

**No School!**

**31**

**No School!**

**January 1**

**No School!**

**January 2**

**No School!**

**January 3**

**No School!**

**January 4**

**No School!**