



Questions about Nutrition Services please call:

January 2019

Breakfast Lunch

Grades 6-8



Monday	Tuesday	Wednesday	Thursday	Friday
	1 No School!	2 No School!	3 No School!	4 No School!
7 Mini French Toast or Cereal, Fruit Cup, Juice, Milk General Tso Chicken w/ Lo Mein	8 Breakfast Burrito or Cereal, Apple Slices, Juice, Milk Posole w/ Quesadilla	9 Breakfast Bread or Cereal, Banana, Juice, Milk Meatball Mashed Potato Bowl	10 Yogurt and Granola or Cereal, Fresh Fruit, Juice, Milk Chili Frito Pie	11 Breakfast Pizza or Cereal, Fresh Fruit, Milk Cheesy Breadstick w/ Marinara
14 Mini Waffles or Cereal, Fruit Cup, Juice, Milk Chicken Alfredo Bake	15 Breakfast Quesadilla or Cereal, Apple Slices, Juice, Milk Popcorn Chicken Meal	16 Muffin Top or Cereal, Banana, Juice, Milk Flatbread Philly Cheesteak	17 Cinni Mini, Fruit Cup, Juice, Milk Green Chile Mac N Cheese	18 Breakfast Sandwich or Cereal, Fresh Fruit, Milk Traditional Cheese Enchilada w/ Rice & Beans
21 No School!	22 Breakfast Burrito or Cereal, Apple Slices, Juice, Milk Pasta Bake	23 Breakfast Bread or Cereal, Banana, Juice, Milk Chicken & Waffles	24 Yogurt and Granola or Cereal, Fresh Fruit, Juice, Milk Meatball Sub Sandwich	25 Breakfast Pizza or Cereal, Fresh Fruit, Milk Open- Faced Grilled Cheese Burger w/ Green Chile
28 Mini Waffles or Cereal, Fruit Cup, Juice, Milk Creamy Chicken Cheese Enchiladas w/ Rice & Beans	29 Breakfast Quesadilla or Cereal, Apple Slices, Juice, Milk Cheese Ravioli w/ Breadstick	30 Pastelito o Cereal, Banana y Jugo, Leche Cheese Omelet, Biscuit & Sausage Breakfast Meal	31 Cinni Mini, Fruit Cup, Juice, Milk Chicken Mashed Potato Bowl	1-Feb Breakfast Sandwich or Cereal, Fresh Fruit, Milk Smothered Bean Burrito w/ Rice
Also offered weekly Cheeseburger, Chicken Sandwich, Fries Cheese Pizza, Sausage & Jalapeno Pizza, Marinara Sauce	Hamburger, Spicy Chicken Sandwich, Tots Cheese Pizza, Hawaiian Pizza, Marinara Sauce	Pork Sandwich, Hot Dog, Fries Cheese Pizza, Taco Pizza, Marinara Sauce	Cheeseburger, Chicken Sandwich, Tots Cheese Pizza, Bacon Cheeseburger Pizza, Marinara Sauce	Hamburger, Spicy Chicken Sandwich, Fries Cheese Pizza, Pepperoni Pizza, Marinara Sauce



Menu items subject to change based on availability.

This institution is an equal opportunity provider and employer.

All enrolled students eat at no charge for the first serving of breakfast and lunch. * 2nd Serving of Breakfast; \$1.50 * 2nd Serving of Lunch \$2.50 * Additional Milk \$0.60/Water \$0.50

Adult Meals

Breakfast \$2.50

Lunch \$3.75

Daily Offerings: 1% and non-fat white milk, non-fat chocolate milk, 8oz water & salad bar

Seasonal offerings daily on the salad bar.

*Don't forget to take atleast 1/2 cup of fruit or vegetable with your lunch! *