



Questions about
Nutrition Services please
call:
303-853-7929

January 2019

Breakfast

Lunch

Grades K-5



Monday	Tuesday	Wednesday	Thursday	Friday
	1 No School!	2 No School!	3 No School!	4 No School!
7 Mini French Toast, Fruit Cup, Juice, Milk Chicken Tenders w/ Mashed Potatoes	8 Breakfast Burrito, Juice, Apple Slices, Milk Posole w/ Tortilla	9 Breakfast Bread, Juice, Banana, Milk Pizza Day!	10 Yogurt Parfait, Fruit Cup, Juice, Milk Hamburger/ Cheese w/ Tots	11 Breakfast Pizza, Fresh Fruit, Milk Cheesy Breadsticks w/ Marinara
14 Mini Waffles, Juice, Fruit Cup, Milk Chicken Alfredo Bake	15 Breakfast Quesadilla, Juice, Apple Slices, Milk Popcorn Chicken Meal	16 Muffin Top, Juice, Banana, Milk Pizza Day!	17 Cinni Minnis, Juice, Fruit Cup, Milk Cowboy Mac & Cheese w/ Corn Chips	18 Breakfast Sandwich, Fresh Fruit, Milk Traditional Cheese Enchilada Dinner w/ Rice & Beans
21 No School!	22 Breakfast Burrito, Juice, Apple Slices, Milk Hamburger/Cheeseburger w/ Tots	23 Breakfast Bread, Juice, Banana, Milk Pizza Day!	24 Yogurt Parfait, Fruit Cup, Juice Milk Spaghetti & Meatballs	25 Breakfast Pizza, Fresh Fruit, Milk Grilled Cheese Sandwich w/ Green Chile
28 Mini Waffles, Juice, Fruit Cup, Milk Creamy Chicken Enchilada Bake w/ Rice & Beans	29 Breakfast Quesadilla, Juice, Apple Slices, Milk Cheese Ravioli w/ Breadstick	30 Muffin Top, Juice, Banana, Milk Pizza Day!	31 Cinni Minni's, Juice, Fruit Cup, Milk Orange Chicken w/ Fried Rice	1-Feb Breakfast Sandwich, Fresh Fruit, Milk Bean & Cheese Burrito w/ Enchilada Sauce and Rice & Beans

Menu items subject to change based on availability.

This institution is an equal opportunity provider and employer.

All enrolled students eat at no charge for the first serving of breakfast and lunch. * 2nd Serving of Breakfast; \$1.50 * 2nd Serving of Lunch \$3.50* Additional Milk \$0.60/Water \$0.50

Adult Meals Breakfast \$2.50

Lunch \$3.75

Daily Offerings: 1% and non-fat white milk, non-fat chocolate milk, 8oz water & salad bar

Seasonal offerings daily on the salad bar

*Don't forget to take atleast 1/2 cup of fruit or vegetable with your lunch! *