



Questions about
Nutrition Services please call:
303-853-7929

November 2018

Breakfast Lunch

Grades 6-8



Monday	Tuesday	Wednesday	Thursday	Friday
			1 <i>Frudel or Cereal, Oranges, Juice</i> Traditional Enchiladas	2 <i>Cereal or PBJ, Apple Slices, Oranges</i> Hot Dog w/ Fries
5 <i>Mini French Toast or Cereal, Assorted Fruit, Juice</i> Oven- Roasted Drumstick, Mashed Potatoes, Gravy, Biscuit	6 <i>Breakfast Burrito or Cereal, Assorted Fruit, Juice</i> Pasta Bake w/ Breadstick	7 <i>Breakfast Bread or Cereal, Assorted Fruit, Juice</i> Chicken & Waffles	8 <i>Yogurt Parfait or Cereal, Assorted Fruit, Juice</i> Meatball Sub w/ Tots	9 <i>Breakfast Pizza or Cereal, Assorted Fruit</i> Open Faced Green Chili Burger w/ Fries
12 <u>NO SCHOOL</u> Veteran's Day	13 <i>Breakfast Quesadilla or Cereal, Assorted Fruit, Juice</i> Cheese Ravioli w/ Breadstick	14 <i>Muffin Top or Cereal, Assorted Fruit, Juice</i> Turkey Dinner	15 <i>CinniMinni's or Cereal, Assorted Fruit, Juice</i> Chicken Mashed Potato Bowl	16 <i>Breakfast Sandwich or Cereal, Assorted Fruit</i> Bean and Cheese Burrito w/ Rice
19 <i>Mini French Toast or Cereal, Assorted Fruit, Juice</i> Chicken Tenders w/ Mashed Potatoes	20 <i>Breakfast Burrito or Cereal, Assorted Fruit, Juice</i> Posole w/ Cheese Quesadilla	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL
26 <i>Mini Waffles or Cereal, Assorted Fruit, Juice</i> Chicken Alfredo Bake	27 <i>Breakfast Quesadilla or Cereal, Assorted Fruit, Juice</i> Popcorn Chicken Meal, Coleslaw, Biscuit	28 <i>Muffin Top or Cereal, Assorted Fruit, Juice</i> Philly Cheesesteak Flatbread	29 <i>CinniMinni's or Cereal, Assorted Fruit, Juice</i> Green Chile Mac and Cheese w/ Breadstick	30 <i>Breakfast Sandwich or Cereal, Assorted Fruit</i> Traditional Cheese Enchilada Dinner w/ Rice and Beans
Also offered weekly... Cheeseburger, Chicken Sandwich, Fries	Hamburger, Spicy Chicken Sandwich, Tots	Pork Sandwich, Hot Dog, Fries	Hamburger, Spicy Chicken Sandwich, Tots	Cheeseburger, Chicken Sandwich, Fries
Cheese Pizza, Sausage and Jalapeno Pizza, Marinara Sauce	Cheese Pizza, Hawaiian Pizza, Marinara Sauce	Cheese Pizza, Taco Pizza, Marinara Sauce	Cheese Pizza, Bacon Cheeseburger Pizza, Marinara Sauce	Cheese Pizza, Pepperoni Pizza, Marinara Sauce



Menu items subject to change based on availability.

This institution is an equal opportunity provider and employer.

All enrolled students eat at no charge for the first serving of breakfast and lunch. * 2nd Serving of Breakfast; \$1.50 * 2nd Serving of Lunch \$2.50 * Additional Milk \$0.60/Water \$0.50

Adult Meals Breakfast \$2.50

Daily Offerings: 1% and non-fat white milk, non-fat chocolate milk, 8oz water & salad bar

Seasonal offerings daily on the salad bar

*Don't forget to take atleast 1/2 cup of fruit or vegetable with your lunch! *